



## May 1-2

Welcome to Met Church! Thank you for choosing to worship with us today. If this is your first time, simply text **hellomet** to **970-00** to let us know that you're here. We hope you enjoy your experience today!

May

5

### BIBLE GROUPS

If you're desiring to learn more about God and the Bible, we have a Bible Study for you. We have studies to help you grow in your faith and studies to help you navigate a difficult season of life. Join us for any of our studies on campus or online and connect to God and others. Register at [metchurch.com](http://metchurch.com) or on the church center app.

May

16

### BLOOD DRIVE

On Sunday, May 16th we are hosting a blood drive with Carter Blood Care in the lobby of The Met. Our blood banks are facing severe shortages due the unprecedented number of blood drive cancellations. Here's an opportunity for us to BE THE CHURCH by giving, serving, and loving our community. Register today at [metchurch.com/events](http://metchurch.com/events).

### FOOD PANTRY DONATIONS

This month we are collecting Mac & Cheese and 48 oz bottles of cooking oil. Help serve our Food Pantry by picking up a few extra items this month. Please place donations in the Help Out Center bins by the main entrance. If you're interested in serving, every Saturday we feed up to 300 families, and we need your help distributing and loading. Come be a part of this exciting outreach from 8:30am-12:30pm. For more information, to sign-up to volunteer, or donate online visit [helpoutcenter.org](http://helpoutcenter.org).

### TRANSFORM SERIES STUDY WITH PASTOR BILL

Are you wanting to go deeper in your faith and learn more from Pastor Bill? Join him for a deeper dive into his Sunday messages with his Transform Series Study. Each week we will post applicable questions based on Bill's message and through the messaging center in this group you will be able to respond and ask Bill questions. You can register online or on the church center app under groups. The Study is FREE of charge.

### CHILDCARE TEAM

Our Kid's Ministry Childcare Team is looking for individuals in our church family who have a passion for children and a desire to help them grow in their faith. This is a paid position and requires some weekend and evening hours. For more information or an application please contact Amber Saal at [asaal@metchurch.com](mailto:asaal@metchurch.com).

### CHURCH CENTER MET APP

Download the Church Center App and select the Met Church campus. Through this app you can register for events, use mobile Check-in, find and manage groups and even give online. Visit the App Store or the Google Play Market to download it today.



# TRANSFORMING JOY

**Romans 12:2** *Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.*

**Galatians 5:22-23** *But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.*

1. OUR \_\_\_\_\_

2. OUR \_\_\_\_\_

3. OUR \_\_\_\_\_

4. OUR \_\_\_\_\_

If you made a faith decision today to accept Jesus Christ as your personal Lord and Savior, please text the word **newfaith** to **970-00**.