

Trans
~~CONFORM~~
TRANSFORMING SELF-CONTROL

Romans 12:2 NLT: Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

2 Corinthians 3:18 NLT: So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image.

Galatians 5:22-23 NLT: But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!

LIFE GROUP / PERSONAL STUDY:

As we conclude this series about the importance of us allowing the Holy Spirit of God to “Transform” our lives so that we can become more and more like Jesus, it's fascinating to look at our verses for this series from a different translation - the New Living Translation - which may also give us a different perspective into each verse and how to apply these Biblical principles to our lives as we seek to be transformed.

1A) PERSONAL: Explain any new understanding that you now have about the importance of being purposeful, intentional, and disciplined in the way you want to apply Romans 12:2 to your daily life.

1B) PERSONAL: How difficult is it for you to NOT drift into secularism? What changes could you make to help you be more intentional in this area?

2A) Read Genesis 1:26 and Genesis 5:3: Explain how we are created in the image of God, but we're also created in the image of Adam.

2B) Read 1 Corinthians 15:22: PERSONAL: How does this concept help you understand why it is necessary for us to be “born again” spiritually?

3A) What is the definition of the word “control” and what are some synonyms?

3B) PERSONAL: Would you consider yourself a “control freak?” What types of things do you want to be or feel like you’re “in control” of?

4) PERSONAL: What does it mean to you to know that “self-control” is actually a Fruit of the Spirit?

Read Ephesians 2:1-3: NKJV

5A) According to this passage, what are the three things that we have to fight against every day that are seeking to control our lives?

5B) According to 2 Timothy 1:7 NCV, what has God given us so that we can win this daily battle?

6A) What do we learn from the following verses about who is truly “In Control?”

Job 37:15-18:

Daniel 2:20-22:

6B) What do the following verses tell us about how God can help us be self-controlled?

Psalms 19:13:

Psalms 141:3:

7) How does God’s Word tell us to stay under God’s Control?

Proverbs 3:6 NIV:

1 Peter 1:13 NCV:

Hebrews 12:11:

ACT: To be self-controlled, we have to depend on the Spirit and Power of God to help us be under His Control. We need to 1) Submit to God and follow the leading of the Holy Spirit, 2) Set our minds on the things of God - His Word, His Commands, and His Purpose and be prepared to cooperate with Him in everything we do, and 3) Stay the Course - don’t drift - be purposeful, intentional, and disciplined every day as we Trust in Him and Obey Him and as we allow His Spirit to transform the way we think and act to become more and more like Jesus.

Daily Devotional: It always helps to look at the context of the passage. Then try to answer the following questions about the passage. Who is involved? What is going on? Where is the action taking place? When? How can this concept apply to my life? Why is it important? Also look for Commands, Warnings, and Examples to follow or not to follow.

- This week let's read various passages to discover the importance of self-control.

Monday:

Psalm 4:4 NLT

Don't sin by letting anger control you. Think about it overnight and remain silent.

Tuesday:

Proverbs 5:22-23 NLT

An evil man is held captive by his own sins; they are ropes that catch and hold him. He will die for lack of self-control; he will be lost because of his great foolishness.

Wednesday:

Proverbs 16:32 NLT

Better to be patient than powerful; better to have self-control than to conquer a city.

Thursday:

Proverbs 25:28 NLT

A person without self-control is like a city with broken-down walls.

Friday:

Titus 2:2 NLT

Teach the older men to exercise self-control, to be worthy of respect, and to live wisely. They must have sound faith and be filled with love and patience.

Saturday:

1 Peter 1:13 NLT

So prepare your minds for action and exercise self-control. Put all your hope in the gracious salvation that will come to you when Jesus Christ is revealed to the world.

Sunday:

2 Timothy 3:1-5 NLT

You should know this, Timothy, that in the last days there will be very difficult times. For people will love only themselves and their money. They will be boastful and proud, scoffing at God, disobedient to their parents, and ungrateful. They will consider nothing sacred. They will be unloving and unforgiving; they will slander others and have no self-control. They will be cruel and hate what is good. They will betray their friends, be reckless, be puffed up with pride, and love pleasure rather than God. They will act religious, but they will reject the power that could make them godly. Stay away from people like that!

