

**Philippians 4:4-9 NIV:** Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

### LIFE GROUP / PERSONAL STUDY:

In this series, we've learned that no matter what our circumstances may be that God's Power, His Presence, and His Purpose are Unstoppable! As we conclude this week, we're going to find that His Peace is Unstoppable as well as His Joy which can be ours when we focus on Him and our relationship with Him and not on what is happening around us. Galatians 5:22-23 describe the Fruit of His Spirit that He grows in our lives when we live in dependence on Him and allow His Spirit to work in us. His Joy and His Peace are part of His Fruit! This week we're going to look at the keys that will help us walk in His Spirit and see His Fruit grow in our lives every day.

## **Read Philippians 2:14-18 NLT:**

- 1A) What specific instructions did Paul give to the believers in Philippi concerning how they were to live every day? Verses 14-16a
- 1B) What did Paul say about joy? How and why should we rejoice? Verses 16b-18

### **Read Philippians 4:4-5 NLT:**

- 2A) In Philippians 4, even though Paul was in prison at the time in Rome, what was he telling people to do? How and why could this be possible for us to do?
- 2B) PERSONAL: How can these instructions of Paul help you to change your attitude concerning the present circumstances that you're living in?

#### Read James 1:2-8 NLT:

3) How does this message from James confirm the instructions given by Paul?

| 4A) According to Philippians 4:6, what are the first two keys to walking in the Spirit?  |
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| 4B) If we follow these instructions, what will be the results? Philippians 4:7   |
| Read Matthew 6:24-33: 5A) Explain what Jesus said about worrying.  |
| 5B) PERSONAL: Do you tend to worry about things? How do these passages help you understand that all your worrying is not helpful and what should you do instead?   |
| 5C) PERSONAL: What does 1 Peter 5:7 NIV mean to you and how can it help you pray differently?  |
| Read Colossians 3:15-17: 6A) According to Philippians 4:6, how are we supposed to pray about everything?   |
| 6B) What did Paul tell the Colossians that confirms this message and how can this lead to peace as well?   |
| 7) According to Philippians 4:8-9, what must we focus our thoughts on? Why?  |
| 8) What do the following passages tell us that can help us do the right thing, walk in the Spirit every day, and experience God's Unstoppable Peace and Joy? Romans 10:17:   |
| Revelation 1:3:  |
| Acts 17:11:  |
| Psalm 119:11:  |
| Psalm 1:2:   |
| <b>ACT:</b> God has given us everything we need to be able to experience His Unstoppable Power, His Presence, His Purpose, and HIs Peace! We don't need to worry about anything, but instead pray about everything, and be thankful that God is in complete control. We need to focus our thoughts on the best things and spend time in God's Word so that we can do the Right things. By following the instructions of Jesus, Paul, and James, we are |

open to the Holy Spirit and His guidance and protection and we will experience Unstoppable Joy!

<u>Daily Devotional:</u> It always helps to look at the context of the passage. Then try to answer the following questions about the passage. Who is involved? What is going on? Where is the action taking place? When? How can this concept apply to my life? Why is it important? Also look for Commands, Warnings, and Examples to follow or not to follow.

• This week let's look at passages that describe God's Unstoppable joy that we can experience.

# Monday:

#### Psalm 126:2-3 NLT

We were filled with laughter, and we sang for joy. And the other nations said "What amazing things the Lord has done for them." Yes, the Lord has done amazing things for us! What joy!

# **Tuesday:**

### Psalm 146:5-9 NLT

But joyful are those who have the God of Israel as their helper, whose hope is in the Lord their God, He made heaven and earth, the sea, and everything in them. He keeps every promise forever. He gives justice to the oppressed and food to the hungry. The Lord frees the prisoners. The Lord opens the eyes of the blind. The Lord lifts ups those who are weighed down. The Lord loves the godly. The Lord protects the foreigners among us. He cares for the orphans and widows but He frustrates the plans of the wicked.

## Wednesday:

#### Proverbs 16:20 NLT

Those who listen to instruction will prosper; those who trust the Lord will be joyful.

# Thursday:

### John 15:10-11 NLT

When you obey my commandments, you remain in my love, just as I obey my Father's commandments and remain in His love. I have told you these things so that you will be filled with my joy. Yes, your joy will overflow!

# Friday:

## Romans 5:1-2 NLT

Therefore, since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us. Because of our faith, Christ has brought us into this place of undeserved privilege where we now stand, and we confidently and joyfully look forward to sharing God's glory.

## Saturday:

## Romans 15:13 NIV

May the God of hope fill you with all joy and peace as you trust in Hlm, so that you may overflow with hope by the power of the Holy Spirit.

## Sunday:

### 1 Peter 1:6-9 NLT

So be truly glad. There is wonderful joy ahead even though you must endure many trials for a little while. These trials will show that your faith is genuine. It is being tested as fire tests and purifies gold - though your faith is far more precious than mere gold. So when your faith remains strong through many trials, it will bring you much praise and glory and honor on the day when Jesus Christ is revealed to the whole world. You love him even though you have never seen him. Though you do not see him now, you trust him; and you rejoice with a glorious inexpressible joy. The reward for trusting him will be the salvation of your souls.



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